



ROLLS & SANDWICHES

Maine Lobster Roll w/Fries & Slaw	\$16.99
Garlic Lobster Roll w/Fries & Slaw	\$16.99
Connecticut Lobster Roll w/Fries & Slaw	\$16.99
Salmon Burger w/Remoulade & Fries	\$13.99
Chicken Sandwich w/Fries	\$11.99
Black Angus Beef Burger w/Fries	\$12.99

LOBSTER ROLL DEALS

"Monday-Tuesday Special" \$2 off w/Fries	\$14.99
"Double Up" Any 2 rolls w/Fries	\$29.99

BAR HARBOR SPECIALTIES

Lobster Empanadas (2) w/Chimichurri	\$11.99
Blackened Salmon w/Rice & Veggies	\$13.99
Whole Maine Lobster w/Butter & Lemons	
Choose: Single	\$17.99
Twin	Market

FRIED PLATTERS

Chicken Fingers w/Fries	NEW!	\$12.99
Fried Clam Strips w/Fries & Slaw		\$12.99
Fish & Chips w/Fries & Slaw		\$13.99
Fried Shrimp w/Fries & Slaw		\$12.99
Cocktail, Buffalo or Sweet Chili Sauce		
Seafood Combo		\$17.99
Shrimp, Fish, Clam Strips, Slaw & Onion Rings		

SOUPS & SALADS

Clam Chowder	\$6.99
Lobster Bisque	\$6.99
Cesar or Garden Salad	\$7.99
With Grilled Chicken	\$11.99
With Grilled Salmon	\$13.99

REGULAR SIDES

Side Dishes may be substituted for other Side Dishes

Corn on the Cob	\$1.29
Coleslaw	\$1.99
Rice	\$1.99
Tin Roof French Fries	\$2.49
Steamed Vegetables	\$3.49

PREMIUM SIDES

A Premium Side may be substituted for 2 Regular Sides

Onion Rings	\$4.99
Hush Puppies	\$5.99
Popcorn Shrimp	\$6.99
Conch Fritters	\$7.99
Lobster Meat (4 oz)	\$9.99

DESSERTS

Killer Key Lime Pie	\$6.99
Peach Cheesecake	\$6.99
Strawberry Cake	\$6.99
Carrot Cake	\$6.99





ABOUT US

Welcome to our "Wholesale Seafood to the Public" Retail Market located at our Orlando warehouse. This is a great opportunity to get all the same fresh quality and incredible prices we give to our wholesale customers.

The saying *"From the oceans to your dinner table"* is upheld here at our main distribution center making it an undisputed bargain to our esteemed customers.

We also prepare lunch 6 days a week. A real casual place for real New England seafood. Order lunch at the take-out counter and relax at one of our picnic tables in the fresh air.

All lunch counter takeout items are cooked to order. In order to prepare the freshest meal possible, this may require a little extra time. Thank you for your patience.

Come see why we like to say:

Enjoy Lunch - Pick Up Dinner!

thank You!



RETAIL MARKET HOURS

Sunday	Closed
Monday - Friday	10 am - 4 pm
Saturday	10 am - 3 pm

LUNCH HOURS

Sunday	Closed
Monday - Saturday	11 am - 3 pm

Accepting Secured Payments by:



(407) 447-6455

2000 Premier Row, Orlando, FL 32809
info@barharborseafood.com
barharborseafood.com

