



ROLLS & SANDWICHES

Maine Lobster Roll w/Fries & Slaw	\$16.99
Garlic Lobster Roll w/Fries & Slaw	\$16.99
Connecticut Lobster Roll w/Fries & Slaw	\$16.99
Fried Fish Sandwich w/Chips & a Pickle	\$10.99
Salmon Burger w/Remoulade & Fries	\$13.99
Chicken Sandwich w/Fries	\$11.99
Black Angus Beef Burger w/Fries	\$12.99

BAR HARBOR SPECIALTIES

Lobster Empanadas (2) w/Chimichurri	\$11.99
Lobster Wrap w/Garlic Mayo & Chips	\$16.99
Blackened Salmon w/Rice & Veggies	\$13.99
Whole Fried Snapper w/Fries & Slaw	Market
Whole Maine Lobster w/Butter & Lemons	
<i>Choose:</i> Single	\$17.99
Twin	Market

FRIED SEAFOOD PLATTERS

All Fried Seafood Plates served with Fries & Coleslaw

Fried Clam Strips	\$11.99
Fish & Chips	\$12.99
Fried Shrimp	\$11.99
<i>Cocktail, Buffalo or Sweet Chili Sauce</i>	
Fried Whole Belly Ipswich Clams	\$18.99
Pick-Two Combo	\$12.99
<i>Chose 2: Shrimp, Fish or Clam Strips</i>	
Seafood Combo	\$16.99
<i>Shrimp, Fish, Clam Strips & Onion Rings</i>	
<i>Upgrade to Whole Belly Clams</i>	\$20.99

Upgrade any dish with Lobster Meat for only \$9.99

SOUPS & SALADS

Clam Chowder	\$6.99
Lobster Bisque	\$6.99
Cesar or Garden Salad	\$7.99
With Grilled Chicken	\$11.99
With Grilled Salmon	\$13.99

REGULAR SIDES

Side Dishes may be substituted for other Side Dishes

Corn on the Cob	\$1.29
French Fries	\$1.99
Coleslaw	\$1.99
Rice	\$1.99
Tostones (Fried Plantains)	\$1.99
Yucca Fries	\$3.49
Steamed Vegetables	\$3.49

PREMIUM SIDES

A Premium Side may be substituted for 2 Regular Sides

Onion Rings	\$4.99
Hush Puppies	\$5.99
Popcorn Shrimp	\$6.99
Conch Fritters	\$7.99

DESSERTS

Killer Key Lime Pie	\$6.99
Peach Cheesecake	\$6.99
Strawberry Cake	\$6.99
Carrot Cake	\$6.99

BAR HARBOR SEAFOOD



ABOUT US

Welcome to our "Wholesale Seafood to the Public" Retail Market located at our Orlando warehouse. This is a great opportunity to get all the same fresh quality and incredible prices we give to our wholesale customers.

The saying "From the oceans to your dinner table" is upheld here at our main distribution center making it an undisputed bargain to our esteemed customers.

We also prepare lunch 6 days a week. A real casual place for real New England seafood. Order lunch at the take-out counter and relax at one of our picnic tables in the fresh air.

All lunch counter takeout items are cooked to order. In order to prepare the freshest meal possible, this may require a little extra time. Thank you for your patience.

Come see why we like to say:

Enjoy Lunch - Pick Up Dinner!

Thank You!

BAR HARBOR SEAFOOD

RETAIL MARKET HOURS

Sunday	Closed
Monday - Friday	10 am - 4 pm
Saturday	10 am - 3 pm

LUNCH HOURS

Sunday	Closed
Monday - Saturday	11 am - 3 pm

Accepting Secured Payments by:



(407) 447-6455

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barharborseafood.com



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BAR HARBOR SEAFOOD



TAKEOUT MENU

A Real Casual Place for
Real New England Seafood