

Retail Market SEAFOOD LIST



This is our current list of items available for purchase or special order in our retail market. All items are subject to availability and while supplies last.

IMPORTANT NOTE: To request a special item not in inventory, please preorder 2-3 days prior to pick up by calling the market line at **407-447-6455** or sending an email to info@barharborseafood.com.

LIVE SEAFOOD

Live Seafood Available Daily

- Littleneck Clams (100-count)
- Middleneck Clams (100-count)
- Steamer Clams
- Oysters (Gulf & Mid-Atlantics)
- P.E.I. Mussels

Special Order Live Seafood Only

- Cherrystone Clams (100-count)
- Quahog Clams (50 count)
- Topneck Clams Northern (100-count)
- Specialty Oysters

LOBSTER

- Live Maine Lobster (1-1.5 lbs, 2-3 lbs, 4+ available upon request)
- Lobster Meat (2-lb bag frozen)
- Maine Lobster Tails (4 oz, 7 oz, Larger available by special order)
- Whole Cooked Lobsters (Limited availability, 5 per person, not available for preorders "first come first served" item)

CRAB

- Dungeness Crab Clusters
- Red King Crab Legs
- Snow Crab Legs
- Stone Crab Claws (Only in Season)
- Lump Crab Meat
- Jumbo Lump Crab Meat

FRESH FISH

Fresh Fish Available Daily

- Cod
- Grouper
- Haddock
- Mahi
- Chilean Salmon
- Scottish Salmon (Sushi grade)
- Whole Snapper (Red & Yellow)
- Swordfish
- Yellowfin Tuna (Sushi grade)

Special Order Fresh Fish Only

- Fish Bones
- Fish Heads
- Caviar
- Catfish
- Corvina
- Cobia
- Flounder
- Halibut
- Hogfish Snapper
- Monkfish
- Rainbow Trout
- Sockeye Salmon (Only in Season)
- Seabass
- Snapper Fillets (Red or Yellow)
- Wahoo



SHRIMP

- Butterfly Breaded Shrimp
- Coconut Breaded Shrimp
- Gulf Shrimp (21-25)
- Head On Shrimp (9-12)
- Argentine Red EZ Peel (13-15)
- Argentine Red Shell On (U-15)
- Argentine Red Shell On (16-20)
- Argentine Red Peeled & Deveined (16-20)
- White EZ Peel Raw (16-20)
- White EZ Peel Raw (21-25)
- White Raw Peeled & Deveined (13-15)
- White Raw Peeled & Deveined (16-20)
- White Raw Peeled & Deveined (21-25)
- White Raw Peeled & Deveined (31-40)
- White Raw P&D Tail Off (41-50)
- White Raw P&D Tail Off (51-60)
- White Cooked P&D Tail On (16-20)
- White Cooked P&D Tail On (21-25)
- White Cooked P&D Tail On (26-30)

FROZEN SPECIALTY

Frozen Specialty Available Daily

- Alligator Meat
- Basa Swai Fillets
- Calamari
- Catfish Fillets
- Conch (5 lb box)
- Crab Cakes
- Crawfish (Tail meat or Whole cooked)
- Flounder Stuffed Casino
- Grouper Fillets
- Hush Puppies
- Octopus (Whole baby)
- New Zealand Mussels

- Bay Scallops
- Sea Scallops (U-10s)
- Seafood Salad Mix
- Smelt
- Snapper Fillets
- Squid Rings Breaded
- Tilapia Fillets

Special Order Frozen Specialty Only

- Blue Crabs / Soft Shell Crabs
- Crab Cocktail Claws
- Dover Sole
- Frog Legs
- Orange Roughy
- Salted Cod
- Smoked Salmon
- Whiting

FROZEN SOUPS BY THE PINT

- Clam Chowder
- Lobster Bisque
- Seafood Gumbo
- She Crab Soup

MISC RETAIL ITEMS

- Clam Knife
- Oyster Knife
- Lobster Cracker
- Hot & Cold Thermal Bag
- Seminole Cocktail Sauce (Reg & Extra Hot)
- Seminole Tartar Sauce
- Seminole Chopped Garlic
- Ashman Sauces & Marinades
- Hanks Hot Sauces
- Spices & Dry Rubs
- Clam Juice